Handling and insertion for contact lens

Instructions for use

THIS LEAFLET CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION

Hybrid contact lenses
RGP contact lenses
Soft contact lenses

and your eyes, as well as the wear times and replacement intervals that are best suited

- An eye care professional must determine the most appropriate contact lenses for youprofessional.
- The lenses are daily wear with a replacement period as prescribed by the eye care
- These lenses are ment for adults, non pregnant women and for children under regular
- The contact lenses is to correct the optical system and/or for therapeutic usage.

Intended use:

Cleanliness is the first and most important aspect of proper contact lens care. In

of your new lenses.

It is essential that you learn and use good hygienic methods in the care and handling

kind of lenses, please ask your eye care professional for the corresponding leaflet.

This is Instruction for use is for soft and hybrid lens wearers only. If you wear another

Note: If you need to rinse the lenses before you insert it into your eye, use only fresh sterile saline solution.

Never use tap water

SwissLens Team

We wish you a lot of pleasure and good vision with your contact lens.

European standards for medical devices.

SwissLens produces with the most modern manufacturing processes and follows the

Congratulations!

Please read the following instructions for use for your contact lens carefully.

We guarantee that SwissLens lenses have been produced with the most modern manufacturing processes and are in accordance with all applicable legal requirements. SwissLens is a brand of Sodil S.A.

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Washing your hands properly is important. Always wash, rinse and dry your hands before handling your contact lenses. Place the lens on the tip of your forefinger. Place the middle finger of the same hand close to your lower eyelid and pull down the lower lid (or use your forefinger or middle finger of the other hand to lift the upper lid). Place the lens on the eye. Gently release the lid and blink. The lens will center automatically. Use the same technique when inserting the lens for your left eye.

Note: Pinching the lens between the thumb and forefinger is not harmful, provided the fingernails do not contact the lens. Some people find a mirror.

CAUTION: Always be sure the lens is on the cornea before attempting to remove it. Determine firstly whether the other eye is closed, the lens is on the white part of the eye or it is not on the eye at all. To locate the lens, inspect the upper area of the eye by looking down into a mirror while pulling the upper lid up. Then, inspect the lower area by pulling the lower lid down.

Removing soft contact lenses

Blind fully several times, then while looking up, slide the lens down onto the white part of the eye. Remove the lens gently pinch it between the thumb and forefinger. If the lens is difficult to remove, do not pinch the eye tissue.

Pinch Method:

Look up, slide the lens to the lower part of the eye and remove it pinching it between the thumb and forefinger.

Gently pinch the lens between the thumb and forefinger.

Note: Pinching the lens between the thumb and forefinger is not harmful, provided the fingernails do not contact the lens. Some people find a mirror.

Removing the Lens

Always remove the same lens first. Wash, rinse and dry your hands thoroughly.

Give the habit of always working with the same lens first to avoid

The contact lenses should be stored in their case after use. It is not recommended to store the lens in a container or your eyes.

Avoid the use of soaps containing cold cream, lotion, or oily cosmetics before handling your lenses, since these substances

Always wash your hands thoroughly with a mild soap, rinse completely, and dry with a

Lint-free towel before touching your lenses. Avoid the use of soaps containing cold cream, lotion, or oily cosmetics before handling your lenses, since these substances may come into contact with the lenses and interfere with successful wearing.

Handle your lenses with your fingertips, and be careful to avoid contact with

Fingernails. It is helpful to keep your fingernails short and smooth.

Start of correctly by getting into the habit of always using proper hygienic procedures

In particular, your hands should be clean and free of any foreign substances when you

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Allergy, inflammation, infection or irritation in or around the eye or eyelids. Conditions which may prevent or interfere with safe contact lens wear include:

- Ask your eye care professional if you should choose the lens care system most suitable for you.
- Correct care of your lenses is essential.
- Avoid using tap, sparkling or distilled water for cleaning.
- Disinfect your lenses each time they are removed to destroy harmful germs and to ensure safe and comfortable contact lens wear.
- Always check the expiry date of lens care products.
- If the lenses have not been used for a long period of time without regularly replacing the storage solution according to the instructions for use, we recommend that you dispose of the lenses as a precaution.
- The information on the label shows:
  1) Lot Number / SN
  2) Product description
  3) Parameters
  4) Renewal and range
  5) Shelf life
  6) Sterilisation type
  7) Manufacturer
  8) Drug interaction
  9) Drug use
  10) Possible problems
  11) In the interest of maintaining the health and safety of your eyes, the wearing of contact lenses IMMEDIATELY, then promptly contact your eye care professional.
  12) What to do if a problem occurs.
  13) Insert your lenses before applying make-up and remove before taking your make-up off.
  14) If a lens drys out, please not use this lens anymore.
  15) Do not share your lenses with anyone as this may spread micro-organisms which could result in serious eye health problems.
  16) Contact lenses should not be worn in conjunction with certain health or environmental conditions.

When not to wear contact lenses

- Contact lenses should not be worn in water sport, swimming pool, lakes, jacuzzi or thermal bath. Because of the risk of microbial contamination, not use or only with protection (goggles).
- Excessively dry or dusty environments that make contact lens wear uncomfortable.
- Inadequate tear film (dry eyes).
- Periods of poor health, such as severe colds or influenza.
- Severe or persistent dry eyes
- Increased eye secretions
- Rainbows or halos around lights
- Reduced sharpness of vision
- Sensitivity to light
- Eye redness
- Uncomfortable lens
- Feeling of something in the eye
- Reduced vision of low contrast objects. Wearers of tinted lenses may experience reduced vision in any light condition.
- Sensation of something in the eye that continues to stick, IMMEDIATELY consult your eye care professional.
- In conditions of low light, wearers of tinted lenses may experience reduced vision of low contrast objects.
- Be careful while using soaps, lotions, creams, cosmetics or deodorants as they can cause irritation and discomfort to the contact with your lenses.

What to do if a problem occurs

- If any of the above symptoms occur:
  - Immediately remove the lenses.
  - If the discomfort or problem stops, then look closely at the lenses.
  - If the lenses are in any way damaged, DO NOT put the lenses back on the eyes: replace with a new lens or consult your eye care professional.

What to do if a problem occurs

- Any drug use can have changes in the tear film and can affect the contact lens wear.
- Contact your eye care professional about any drug use. Also read carefully the drug label.
- The use of any kind of drugs (even Aspirin) can have changes in the tear film and can affect the contact lens wear.
- In the interest of maintaining the health and safety of your eyes, the wearing of contact lenses IMMEDIATELY, then promptly contact your eye care professional.
- Do not use lenses or lens care products after the expiry date.
- If a lens sticks (stops moving), apply several drops of a lubricating solution and wait until the lens begins to move freely on the eye before attempting to remove it. If the lens continues to stick, IMMEDIATELY consult your eye care professionals.
- If the discomfort or problem stops, then look closely at the lenses.
- If the discomfort or problem continues, IMMEDIATELY consult your eye care professional.
- If the lenses are in any way damaged, DO NOT put the lenses back on the eyes: replace with a new lens or consult your eye care professional.
- If the discomfort or problem continues, IMMEDIATELY consult your eye care professional.
- If you notice any changes in the visual performance or discomfort, IMMEDIATELY consult your eye care professional.

- Drug interaction
  - Using any kind of drugs (even Aspirin) can have changes in the tear film and can affect the contact lens wear.
  - Consult your eye care professional about any drug use. Also read carefully the drug label.

Contact lenses provide many benefits to the wearer, it is possible that problems might occur and may be noticed after a few days of the following steps:

- If the lenses have dirt, an eyelash, or foreign body on them, or the problem stops and the lenses appears undamaged, thoroughly clean, rinse and disinfect/ neutralise the lenses, before continuing to wear them.
- If the lens begins to move freely on the eye before attempting to remove it. If the lens continues to stick, IMMEDIATELY consult your eye care professionals.
- Disinfect your lenses each time they are removed to destroy harmful germs and to ensure safe and comfortable contact lens wear.
- Consult your eye care professional specifically regarding these or other conditions.

Contact lenses should not be worn in conjunction with certain health or environmental conditions. Conditions which may prevent or interfere with safe contact lens wear include:

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