Congratulations! You have purchased a high-quality contact lens from Switzerland. SwissLens produces with the most modern manufacturing processes and follows the European standards for medical devices. Please read the following instructions for use for your contact lens carefully. We wish you a lot of pleasure and good vision with your contact lens.

SwissLens Team

This is an Instruction for use is for rigid (RGP) contact lenses wearers only. If you wear another kind of lenses, please ask your eye care professional for the corresponding leaflet. It is essential that you learn and use good hygienic methods in the care and handling of your new lenses. Cleanliness is the first and most important aspect of proper contact lens care. In particular, your hands should be clean and free of any foreign substances when you handle your lenses.

Intended use:

- The use of contact lenses is to correct the optical system and for therapeutic application. The RGP contact lenses can be used for Myopia, Hyperopia, astigmatism, presbyopia, regular, irregular (such as keratoconus, post-operative or injuries) eyes.
- These lenses are meant for adults, non-pregnant women and for children under regular supervision of professionals. The lenses are daily wear with a replacement period as prescribed by the eye care professional (ECP).
- For Myopia Management in progressive myopic children and adolescents between the ages of 8 and 18, the Relax-Design for RGP and Ortho-K is recommended to use.

The procedures are:

- Always wash, rinse and dry your hands before handling your contact lenses.
- Place the lenses on the tip of your forefinger or with the special inserter.
- Place the middle finger of the same hand close to your lower eyelashes and pull down the lower lid.
- Use the forefinger or middle finger of the other hand to lift the upper lid.
- Place the lens on the eye.
- Gently release the lids and blink.

Handling your Lenses

Your eye professional should provide you with detailed contact lens insertion and removal instructions.

Develop the habit of always working with the same lens first to avoid mixups. Remove the lens from its storage case and examine it to be sure that it is moist, clean, clear, and free of any nicks or tears. If the lens appears damaged do not use it. Verify that the lens is not turned inside out by placing it on your forefinger and checking its profile. The lens should assume a natural, curved, bowl-like shape.

- Never use tweezers, suction cups, sharp objects or your fingernails to remove your lenses from the lens container or your eyes.
- If you are using your lenses not frequently, please inform your ECP.
- The contact lenses solution has to be changed regularly even the lens are not used.

Placing The Lens On The Eye

- Always wash, rinse and dry your hands thoroughly with a mild soap, rinse completely, and dry with a lint-free towel before touching your lenses. Avoid the use of soaps containing strong alkalis or abrasives before handling your lenses, since these substances may come into contact with the lenses and interfere with successful wearing. Handle your lenses with your fingertips, and be careful to avoid touching with fingernails. It is helpful to keep your fingernails short and smooth.

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Lens recentering

Occasionally the lens finds its way on to the white of the eye (Sclera). First establish were the lens is, then with careful manipulating of the lids reposition the lens back on to the cornea.

Before removing the Lens

Always remove your lens first. Wash, rinse and dry your hands thoroughly.

CAUTION: Always be sure the lens is in the corneas before attempting to remove it.

Determine if the lens is on the cornea or the other eye. If you are confused, the lens is either on the white part of the eye or it is not on the eye at all.

- To locate the lens, look upward into the upper upper and lower lower part of the cornea.
- Then, impact the lower area by pulling the lower lid down.
There are two recommended methods of lens removal: the Forefinger /Thumb and Remover Method.

**Removing the RGP / rigid Lens**

**Remover Method with pluger (2):**

- The lens should just pop out of your eye.
- Stare hard at your right hand and with your left fore/thumb
- Place your right hand below the eye ready to catch the lens.
- For your left eye, place the fore/thumb of your left hand at the corner of your eye.
- Place your hand or towel under your eye to catch the lens.

**Forefinger and Thumb Method (1):**

- If the lenses have not been used for a long period of time without regularly replacing the storage solution according to the instructions for use, we recommend that you dispose of the lenses as a precaution.
- Ask your eye care professional before using any alternative lens care products.
- Your eye care professional should choose the lens care system most suitable for you.
- Correct care of your lenses is essential.
- Disinfect your lenses each time they are removed to destroy harmful germs and to ensure safe and comfortable contact lens wear.
- If you have any questions about alternative care products, contact your eye care professional.
- Disinfect and neutralise the lenses according to the storage solution instructions.
- Correct care and removal technique is essential to maintain the health and safety of your eyes.
- Ask your eye care professional for more information.

**Recommended wear and replacement schedule**

In the interest of maintaining the health and safety of your eyes, the wearing schedule should be determined by your eye care professional. It is recommended that contact lens wearers visit their eye care professional as directed. The wearing schedule should be determined by your eye care professional. It is recommended that contact lens wearers visit their eye care professional as directed.

**When not to wear lenses**

Contact lenses should not be worn in conjunction with certain health or environmental conditions. Conditions that may prevent or interfere with safe contact lens wear include:

- Allergic reactions, infection or irritation in or around the eye.
- Periods of poor health, such as a cold or the flu.
- Excessively dry or dusty environments that make contact lens wear uncomfortable.
- Inadequate tear film (dry eyes).
- Periods of poor health, such as severe colds or influenza.
- Conditions that may prevent or interfere with safe contact lens wear include:

**Possible problems**

Although rigid contact lenses provide many benefits to the wearer, it is possible that problems might occur and may be first noticed as one or more of the following signs:

- Feeling of something in the eye
- Uncomfortable lenses
- Eye redness
- Sensitivity to light
- Burning, stinging, itching or watering eyes
- Reduced sharpness of vision
- Eye redness
- Reduced sharpness of vision
- Increased eye secretions
- Discomfort
- Discomfort

These symptoms, if ignored, may lead to more serious complications.

**What to do if a problem occurs**

If any of the above symptoms occur:

1. Immediately remove the lenses.
2. Rinse the lenses thoroughly before looking closely at the lenses.
3. If the lenses are in any way damaged, DO NOT put the lenses back on the eyes.
4. If the lenses have not been used for a long period of time without regularly replacing them, remove the lenses IMMEDIATELY, then promptly contact your eye care professional.
5. If the discomfort or problem stops, then look closely at the lenses.
6. If the discomfort or problem persists, then contact your eye care professional.
7. Consult your eye care professional specifically regarding these or other conditions.

**Drug interaction**

Drugs used to treat a variety of eye conditions can change the way lenses work. Consult your eye care professional about any drug use. Also read carefully the drug label.

**Infectious eye conditions**

- These conditions could progress rapidly and may lead to permanent loss of vision. Less serious reactions such as abrasions, epithelial staining and bacterial conjunctivitis must be managed and treated properly to avoid complications.

**Do not wear the lenses whilst sleeping unless advised to by your ECP.**

**Consult your eye care professional specifiically regarding these or other conditions.**

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